



CLSC Lac-Saint-Louis

EATING DISORDERS TEAM

ROLE OF THE PSYCHOTHERAPIST

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REFERENCES



Eating Disorders Team



ROLE OF THE PSYCHOTHERAPIST

Individual

Family

Team consultation

INTERVENTION

- Family Intervention :
 - concentrate on understanding the family dynamics - the eating disorder being a symptom of the client's surrounding system
 - evaluate the level of resistance
 - support family members in their individuation process