



Eating Disorders Team

An innovative front line approach

presented by

ELSC Lac-Saint-Louis



History:

- Identification of an increasing need, particularly in the high schools
- In spring 2002, development of a group for implementation and reflexion
- First meetings of the new multi-disciplinary team in the fall of 2002



Today's presentation:

- This presentation is based on our experience of the last 2 years
- We will present our community based approach to assessing and treating adolescents with eating disorders
- We will discuss the strengths, limitations and challenges of this approach.
- Please hold your questions until the end of each presentation
- Today's presentation will use the feminine



Multi-disciplinary Team:

- A Nurse: Dalia Toledano
- A Doctor: Catherine Haskins
- A Nutritionist: Rita Vissani
- A Family Therapist : Joanne Kielo
- A Coordinator: Claude Girouard



Team Objectives:

- To carry out more effective screenings, mainly in the high schools and in the Youth Clinic at the CLSC
- To assure front line services to adolescents aged 13 to 24 years who present with eating disorders
- To prevent the deterioration of bio-
psychosocial health of this clientele
- To create tools supporting the screening and intervention for these adolescents