

Under the Presenting Complaints lies a Pandora Box

10th National Conference

CAAH

November 1st, 2004

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What is Adolescent Medicine?

- Be non-judgmental
- Listen carefully
- Observe your patient
- Be curious

Case Presentations

- # 1: Dizziness
- # 2: Seizures
- # 3: Abdominal pain
- # 4: Suicidal letter
- # 5: Rape kit

Case # 1: Dizziness

- Kevin, 14years old
- MER with dizziness and fatigue x several month
- W/H/BP wnl, afebrile

What do you want to know?

- HPI
- PMH_x
- FH_x
- HEADSS

Physical exam

- Percentiles for W/H/BP
- Pubertal
- ENT
- Cardiac
- Neurological

What do *you* want to do?

- Lab
- x-ray
- spinal tap
- EEG
- EKG
- other tests

What did *we* do?

- Hospitalization
- Consults....

Diagnosis

- Dizziness NYD
- Psychosocial stresses

Over the following months...

- Home schooling
- Chiropractor
- ENT
- SSRI

Back in MER with dizziness!

- Refuses re-hospitalization
- Yes! Referral to Adolescent Medicine

What do *I* do now???

- Listen
- Observe
-and make the diagnosis!

Case # 2: Seizures

- 12year old girl
- Diagnosis of partial seizures
- Treatment with antiepileptic medication fails

What do you want to know?

- HEADSS
- Compliance

Evolution over 18 Months

- Continues to have seizures
- 2 different antiepileptics
- investigations before tactile brainsurgery

What is the Diagnosis?

Pseudoseizures

And what is behind this all?

Case # 3: Abdominal Pain

- 16year old Samantha
- MER with acute abdominal pain, difficulties to walk
- No diarrhea, no vomiting, afebrile

What do you want to know?

- Pain: character, onset, duration
- MH
- HEADSS
- FH_x

What do you do now?

- Examination with or without gyn?
- Labs?
- Ultrasound?

What did you forget?

Examine in standing position!

Treatment of Rectus Muscle Tear

- Reassurance
- Avoid stretching
- Avoid sports
- Rarely local infiltration

Case # 4: Suicidal Letter

- 15 year old Anna, referred internally
- Parents found suicidal letter
- Family pedigree

Issue of Confidentiality

- Over 14 years, but question of suicidality
- When do we break the confidentiality?
- How do we break the confidentiality?

History with Anna alone

- Knows that she has very good, caring parents
- Doing well at school, but requires a lot
- Exhausted after school, everything is too much
- Peer relations good

History with Mother

- Baie James in early childhood
- School stresses since back in Montreal
- Increased stress with HS
- Explosive temper, then regrets
- Family history negative

Do you want to know anything more?

Case # 5: Rape Kit

- Susan, 13 years old
- Emergency for medical legal exam
- Mother's Hx

Who has the say?

Susan's History

- Boyfriend 19 years old
- Sexually active x 1 year
- No menses yet
- ?Pregnancy?

Any other questions?

Gynecological Exam including Medico-legal Kit

- Preparation for STI screening and kit
- Exam

No hymen, no vagina!

What now?

Over the next six Months...

- Placement
- Consent for OR
- Recurrent abdominal pain
- Therapy

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Thank you!