



Why make a donation to CAAH?

Canadian Association for Adolescent Health has created a website dedicated to teenagers: www.youngandhealthy.ca with the objective to draw their attention towards healthy choices by taking control of their own health.

Our leitmotiv goes well beyond a simple precautionary tale. It is about promoting a healthy lifestyle and their personal growth. We propose to help them in their steps with healthcare professionals to release their creativity and to take part of their lifelong health project.

Consequently, we have outlined several key projects that give adolescents and the health intervenors who deal with them on a daily basis, the necessary tools for taking control of their health and well-being.

We have pinpointed two areas of development that are essential for spreading the word about prevention, increasing our reach and ensuring the long-term survival of our organization:

- the financing of promotional campaigns
- the enhancement and improvement of our websites

Today's adolescents become tomorrow's leaders.



CHU Sainte-Justine, 3175 côte Sainte-Catherine, Montréal, Québec, H3T 1C5
Tel./Tél. : 514 345-9959 Fax/Télec. : 514 345-4778 www.acsa-caah.ca